# Resource Guide

Generated November 21, 2026 · 1 open facilities · closed facilities are not listed · call before you go: details change quickly

## TX

### South Texas Food Bank

Warehouse · Open

Food Bank

1907 Freight St, Laredo, TX 78041

**Phone** (956) 726–3120
**Web** southtexasfoodbank.org
**Hours** Ofice Hours: 8–5 M–F

The South Texas Food Bank(STFB) is a non profit organization established to be part of the communities' hunger fighting network. The STFB is a non–governmental agency serving as the central solicitation, collection, processing, warehousing and distribution center for its more than one–hundred fifty member agencies.

The Food Bank serves a 12,636 square miles that includes the counties of Webb, Zapata, Dimmit, Maverick, Jim Hogg, Val Verde and Kinney. The combined population of these seven counties is 355,596; (census 2005) of which about 106,109(33.4%) people live at or below the poverty level. They provides food to our entire service area which includes the counties of Webb, Zapata, Jim Hogg, Dimmit, Val Verde, Kinney, and Maverick. Distribute food to over 20,000 families monthly. Provide food assistance to over 5,000 Senior Citizens monthly. Serve daily meals to over 750 children. Serve over 500 veterans a year. Distribute 8.6 million pounds of food annually through our 150 member non–profit agencies like food pantries, soup kitchens, and homeless shelters.

**Services offered:** Adopt–A–Family, Families That Want To Be "Adopted"; Assistance, How to, File Food Stamp Application; Food Distribution, Food Bank ONLY (No Walk–In Service); Food Distribution, Food Bank (This Site Supplies Food Pantries/ Agencies); Services, Family, Children, Recreation, Kid's Cafe Program (Youth); Volunteer Opportunities, In General * (ANY/ALL Types)

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