Resource Guide

Generated November 29, 2026 · 3 open facilities · closed facilities are not listed · call before you go: details change quickly

MA

Food Bank of Western Massachusetts

Warehouse · Open

Food Bank
97 North Hatfield Road, Hatfield, MA 01038
Phone 413–247–9738
Web www.foodbankwma.org

The mission of The Food Bank of Western Massachusetts is to work with our community to reduce hunger and increase food security.

Executive Director: Andrew Morehouse
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Web Site: www.foodbankwma.org
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Community Supported Agriculture farms (CSAs) are supported by members who buy a share in the farm and receive fresh, organic produce throughout the season. The Food Bank Farm is one of the largest and most efficient CSAs in the country and the first with the primary mission of helping to feed those in need.

The Harvest Season

Each week, from June through October, shareholders bring home a bounty of freshly picked organic produce. From gourmet salad greens and heirloom tomatoes to our delicious carrots, squash and sweet red peppers, the farm raises more than 250 varieties of vegetables, flowers and herbs.

Uncompromised Quality
At the Food Bank Farm, we harvest your vegetables the same day you pick them up. We select all of our varieties for superior flavor, rather than how they look. Supermarket varieties are chosen for their uniformity and ability to be shipped long distance, using millions of gallons of gasoline. This is not only destructive to our environment, it also compromises the nutritional value and flavor of your food. Join the Food Bank Farm and eat tomatoes and melons grown solely for taste – you will notice the difference.

Beyond the Season
In both November and December you will receive a month's supply of storage crops. These will include carrots, beets, winter squash, cabbage, leeks, rutabagas, and more.

U–Pick Vegetables
There are some crops that you can U–Pick. These vary from year to year but will always include: Green beans, strawberries, sugar snap peas, more than 20 types of herbs (including 3 kinds of basil!), plum and cherry tomatoes. U–pick is generally unlimited; you take what you need. Some years, when a crop performs poorly, we impose limits on one or two crops.

U–pick Flowers
We also offer unlimited U–pick on our "Acre of Flowers". We raise a spectacular assortment of more than 50 different flower varieties. This is by far one of the most popular spots on the farm. One of the farmers' favorite things to do is watch members quietly cutting their bouquets against the backdrop of Holyoke Range; we know they will bring the farm's beauty back home.

The bounty will be picked, washed and ready for you to collect at your weekly pick up. There is no work requirement on your part. Of course, the farmers love it when members show up to lend a hand and you are invited to do so anytime.

Other Local Products
In addition to the produce included in your membership, the farm also makes available a wide assortment of fresh local products: organic sour dough bread baked in a brick oven, local and organic eggs, tofu, goat cheese, tempeh, miso, our own dressings, granola, tasty baked goods, organic and low spray fruit, naturally raised beef, lamb and chicken, fresh pasta, and biodegradable detergents. We even sell a soap which is made locally by bicycle powered equipment!

The Food Bank Farm is about building community. On your weekly pick–up you will see where your food comes from and meet the folks who grow it. You will experience the harmony of the seasons. The farm is a great place to bring kids, meet your neighbors, and celebrate a way of farming that nurtures the land that supports us all.

At the same time you enjoy your bounty, your membership helps the farm raise healthy organic produce for the Food Bank of Western Massachusetts. Over the last five years, the farm has produced more than 900,000 pounds of food for the Food Bank and its member agencies. Share the Harvest!

A Farm Share feeds a family of 3–5 and is $460 for the season. A Farm Share Plus feeds 5–7 and costs $615. According to an independent study, a share costs less than half of what you would pay for the same amount of organic produce in a supermarket.

Call (413) 582–0013
For general farm questions, e–mail foodbankfarm@yahoo.com
For membership and billing questions, e–mail foodbankfarmmembers@yahoo.com

Other Services:

Finding the Help You Need
For information about food assistance, heating oil, housing, health care, and much more, call one of the following numbers:

First Call for Help (Franklin County) 413–774–2318
First Call for Help (Hampshire County) 413–582–4237 or 1–800–339–7779
Help Line (Hampden County, Granby, S. Hadley) 413–737–2712
Food Stamps
Find out if you qualify for food stamps at www.gettingfoodstamps.org. This Web site provides a confidential calculator that will allow you to determine your eligibility and estimate your benefit and offers information and support to help you complete the application process successfully.

Food Stamp Benefits
Families, individuals and elders who meet income rules can get food stamp benefits. Food stamp benefits help buy nutritious food. Food stamp benefits can give you extra money for other things you need, like prescription medicines, fuel for your home or dependent care.

There are several ways to apply for food stamp benefits.

To get more information about food stamp benefits and to get an application, call the Department of Transitional Assistance at (866) 950–FOOD. You may also get information about the Food Stamp Program by visiting the Department's website at www.mass.gov/dta.

Women, Infants & Children (WIC)
WIC is a nutrition program that provides nutrition and health education, healthy food and other services free of charge to Massachusetts families who qualify. The general phone number for WIC is 1–800–WIC–1007, (1–800–942–1007). The website for WIC is http://www.mass.gov/wic. You may also contact your local WIC office:

Berkshire County North (413) 445–9429
Berkshire County South (413) 528–0457
Franklin County/North Quabbin (413) 376–1160
Hampshire County (413) 584–3591
Holyoke/Chicopee (413) 534–2460
Springfield North (413) 737–8868
Springfield South (413) 693–1029

Services offered: Agriculture/Farming/Gardening Resource; Agriculture School, Plant Stock; Assistance, How to, File Food Stamp Application; Directories, Directory of Services, Regional; Facilities: Farm ("available" = this site is a farm); Food * (ANY/ALL Types); Food Distribution, Food Bank ONLY (No Walk–In Service); Food Distribution, Food Bank (This Site Supplies Food Pantries/Agencies); Food, Locally Produced ($ NOT FREE); Hotline, Food Bank/Pantry Hotline (Find Emergency Food Help); Hotline, Shelter Hotline (Find Help); Information Resource * (ANY/ALL Types); Jobs, Paying; Meals, Brown Bag Program (for Seniors/Elders/Disabled); Recycling, Food; Services, Employment, Internship Program; Services, Women's Services
Campaigns: 2011 Massachusetts Tornado; 2011 Spring – Tornadoes–Floods–Wind Storms; Community Supported Agriculture (CSA)
Updated Oct 17, 2007 · https://reliefdb.org/shelters/1560

Amherst Survival Center

Walk–in Resource · Open

Non–Profit
PO Box 9629; 1200 N. Pleasant St.; (just north of Pine Street), North Amherst, MA 01059

Phone 413–549–3968
Web www.people.umass.edu/support/asc
Hours M–T–Th–F 11 am–3 pm – Th 3–7 pm
Serves Amherst, Belcherville, Deerfield, Hadley, Leverett, Pelham, Shutesbury, Sunderland
Service Temporary

Food, clothing and household goods for people in need; hot lunches and groceries weekdays except Wednesdays; 100 people a day.

The Mission:

To provide a welcoming community where families and individuals who are struggling to make ends meet can come for food and

clothing, for companionship and relief from isolation, and to share their material resources, information, concerns and frustrations. No one is turned away. An equally important function of the Center is to help people move beyond a condition of need, to help them to help themselves and each other.

Volunteering is encouraged among all who want to play a bigger part in the cycle of giving and receiving that defines the Center.

SERVICES:

BAKED GOODS and FRESH PRODUCE are collected Monday, Tuesday, Thursday, and Friday, courtesy of Whole Foods, Stop & Shop, Atkins Farm, Henion Bakery , and Trader Joe's. DISTRIBUTION starts at 11 am on those days.

LUNCH is from 12 noon to 1 p.m., Mon., Tues., Thurs., and Friday. 549–3968 ext 203 for details.

Our FOOD PANTRY provides nutritional staples to eligible families and individuals. Please, contact us for details, 549–3968 ext 204.

CLOTHING & HOUSEHOLD GOODS: Everyone who comes to the Center may select clothing, house wares, and personal items. We try to accommodate emergency requests. 549–3968 ext 206 for details.

DROP–IN CENTER: The Center provides a friendly, supportive environment for a wide variety of people including those who feel isolated because of circumstances of disability, poverty, and cultural differences.

INFORMATION & REFERRAL SERVICES: Our staff can help find the right person or program for you in your particular situation.

We are always looking for volunteers to sort clothing, prepare lunch, pick up food donations, enter data, assist with the regularly scheduled jobs, or help with an unexpected need. People with computer proficiency, fundraising, recycling, and carpentry knowledge are especially needed.

Are you interested in helping out? We want to hear from you. To talk about volunteering individually or with your group, please call 413 549–3968, ext. 205.

Services offered: Advocacy, Volunteer, Resource Referrals; Clothing, All Sizes, New or Gently Used * (ANY/ALL Types) ; Food Distribution, Food Pantry (Distributes to the Public); Household Items (small) * (ANY/ALL Types) ; Meals, Congregate Feeding, Meals; Meals, Lunches (Hot); Thrift Store
Campaigns: Economic Solidarity and Cooperativism; United Way
Updated Jan 23, 2010 · https://reliefdb.org/shelters/1029

Central Valley Tenants Union [organizing tools/legal/tactical templates]

Volunteer Camp · Open

MA

Web centralvalleytenantsunion.wordpress.com
Service Temporary

facebook page: https://www.facebook.com/CentralValleyTU/

The Central Valley Tenants Union (CVTU) is a solidarity network of tenants in Hampshire County, formed during the Covid–19 crisis. Committed to organizing for housing justice from below, we strategize together to defend access to housing. We are currently working to distribute up–to–date information and support those interested in organizing tenant associations and solidarity networks. We invite any tenants in Hampshire county and beyond to get in touch and join our efforts during this crisis.

*We live in the Kwinitekw (Connecticut River) Valley on unceded Nonotuck land. We acknowledge our neighboring Indigenous nations: the Nipmuc and the Wampanoag to the East, the Mohegan and Pequot to the South, the Mohican to the West, and the Abenaki to the North. We believe that our current predicament in which housing is exploited for the profit of the few at the expense of the many cannot be understood without the context of the original theft of this land from its original inhabitants.

Services offered: Advocacy, Housing, Eviction Defense; Advocacy, Housing, Fair Housing; Housing * (ANY/ALL Types); Services, Legal Assistance
Campaigns: Co–Operative Businesses, Coops, Co–ops, Cooperatives; Economic Solidarity and Cooperativism; Social Activists/Organizers; Social Change Initiative; Unions
Updated May 3, 2021 · https://reliefdb.org/shelters/10426