Resource Guide

Generated November 29, 2026 · 1 open facilities · closed facilities are not listed · call before you go: details change quickly

OR

Loaves & Fishes (Meals on Wheels)

Walk–in Resource · Open

Non–Profit Community Outreach

7710 SW 31st Avenue, Portland & Vancouver, OR 19477

Phone (503) 736–6325
Web www.loavesandfishesonline.org/default.asp
Checks payable to Loaves & Fishes Centers
Service Temporary

Overview

Meals–On–Wheels are hot, nutritious lunches that are delivered Monday through Friday between 11:00 a.m. and 1:00 p.m. to the homebound elderly who meet the requirements. Meals–On–Wheels are delivered by friendly volunteers, many of whom are the only people the homebound elderly see during the day. Weekend and Holiday meals are also available to seniors at the highest risk of malnutrition.

Meals are provided on a donation basis and participants are encouraged to donate toward the cost of their meals as they are able. The suggested donation is $2.75 per meal.

Call us at (503)736–6325 for service in Multnomah or Washington counties

Call us at (360)699–6325 for service in Clark County

Services

Loaves & Fishes Centers provides Meals–On–Wheels to homebound seniors and group dining at 30 locations in Multnomah, Washington and Clark counties. Several of our centers offer ethnic menus. Meals are also available to qualified seniors on weekends.

* Meals–On–Wheels
* Meal Centers
* Weekend/Holiday Meals
* Ethnic/Multicultural Programs
* Enhance Fitness
* Monthly Menu

Multicultural Outreach

Volunteer Opportunities

Loaves & Fishes Centers could not exist without the help of more than 350 volunteers every weekday. Our volunteers help prepare and serve meals to seniors in 30 different Meals–On–Wheels volunteer meal sites throughout Multnomah, Washington and Clark counties, as well as deliver nearly 2,700 Meals–On–Wheels to homebound elderly on an average day.

CONTACT INFO:

Volunteer Manager Angel Pilato at (503) 736.6325 ext. 86239 or volunteer.manager@lfcpdx.org

2009
http://www.portlandtribune.com/news/story.php?story_id=125852332988094100

Starting in July, Loaves and Fishes had to comply with new, stricter state regulations for background checks on volunteers in all types of federal– and state–funded programs.

Background check requirements means no more spur–of–the–moment volunteers

I'd encourage anyone who would like to help the Meals–On–Wheels program – even if you only want to be an "emergency" driver – to call Loaves and Fishes and get signed up right now. That way, the background check can be completed and you will be cleared to work when the weather is bad. L&F is a great organization and deserves your support.

Services offered: Directories, Directory of Services, City/Town; Meals, Congregate Feeding, Meals; Meals, Lunches (Hot); Meals, Mobile Meals; Transportation, Ride Service (FREE or Sliding Scale); Volunteer Opportunities, In General * (ANY/ALL Types)
Campaigns: Meals on Wheels

Updated Nov 18, 2009 · https://reliefdb.org/shelters/1000