Food Not Bombs: Resource Guide

Ongoing

Generated November 20, 2026 · 15 open facilities · closed facilities are not listed · call before you go: details change quickly

IL

Chicago Food Soveriegnty Coalition [& Mutual Aid]

Volunteer Camp · Open

Chicago, IL

Web www.chifoodsovereignty.com/connect
Service Temporary

A coalition of autonomous mutual aid groups throughout Chicago, working together to cultivate food sovereignty and autonomy for all people in all communities!

Our mission is to create a better food system, by linking mutual aid groups, organizations, businesses, and individuals committed to the effort.

Services offered: Agriculture/Farming/Gardening Resource; Distribution * (ANY/ALL Types); Food * (ANY/ALL Types); Food Distribution, Emergency/Disaster Food Distribution; Mutual Aid
Campaigns: Black Community; Black Lives Matter; Economic Solidarity and Cooperativism; Ending Extreme Poverty; Ending Gross Inequity; Food Not Bombs

Updated Nov 7, 2022 · https://reliefdb.org/shelters/10540

MA

Beacon Hill Friends House

Walk–in Resource · Open

Boston, MA

Web www.bhfh.org
Service Temporary

from a BCN email:

Dear Friends,

The Beacon Hill Friends House will have a vacancy starting May 1st, and we are looking for the right person to join our community! Living here is a unique, exciting opportunity to discover the benefits and energy of community living, in an ideal location in the center of Boston. Here are a few highlights of our house:

– We welcome adults of all ages – we currently have residents aging from their 20s to their 60s.
– Our community is rooted in the Quaker tradition, and our residents have a diversity of spiritual, religious, and nonreligious identities.
– We support the ideals of social justice, spirituality, peace, integrity, simplicity and the dignity of the human person.
– We share meals and household chores. Our bimonthly house meetings operate via consensus–based decision–making.
– We strive to create a diverse and inclusive space for people of all ages, gender identities, sexual orientations, races, and cultural experiences.

Rooms start at $628 per month, including all utilities. Board costs $331 per month for a fully stocked communal kitchen, and dinner prepared by the house chef five nights a week.

For more information or to request an application, call us at (617) 227–9118, write to admissions @ bhfh.org <directors @ bhfh.org>, or visit www.bhfh.org today!

In Peace,
Ben

Ben Sachs–Hamilton
Beacon Hill Friends House
6 Chestnut St.
Boston, MA 02108

617–227–9118
www.bhfh.org

Beacon Hill Friends House promotes diversity in many forms, including but not limited to age, race, color, ethnicity, national origin, religion, sex, gender, sexual preference or orientation, gender identity, relationship status, and (dis)ability.

Services offered: Housing, Affordable Housing, Renters Programs; Housing * (ANY/ALL Types); Housing, Co–Housing, Co–Op Housing, Intentional Communities; New "Business" Models, Education; New "business models", housing; Social Event, Networking Group *any/all types; Training Classes, Education, Parenting
Campaigns: American Friends Service; Arts Community / Artist Network; Co–Operative Businesses, Coops, Co–ops, Cooperatives; Economic Solidarity and Cooperativism; Food Not Bombs; Neighborhood Network; Occupy Wall Street / Occupy America / Occupy Together; Quakers; Rainbow Community; Social Activists/Organizers; Social Change Initiative
Updated Feb 26, 2015 · https://reliefdb.org/shelters/9923

Encuentro Five (E5) (social justice advocacy, meeting space)

Walk–in Resource · Open

9 Hamilton Place, Boston, MA
Web www.encuentro5.org/home/node/13
Service Temporary

Services offered: Advocacy, Human Rights; Advocacy, Social Justice; Advocacy, Social Justice, Fair Labor/Worker Rights; Community Outreach, Public Awareness, Humanitarian Issues; Events, Community Meetings; Events, Potluck Meals; Events, Protest Actions; Facility: Meeting space; Office Space, Conference Room; Office Space, Workspace/Desktop; Services, Tech, Computer Access; Training * (ANY/ALL Types of Instruction)
Campaigns: Alternative Societies; American Friends Service; Economic Solidarity and Cooperativism; Food Not Bombs; Social Activists/Organizers; Social Change Initiative
Updated Dec 14, 2013 · https://reliefdb.org/shelters/9838

Community Fridge, Free Food, Jamaica Plain

Walk–in Resource · Open

Boston, Jamaica Plain, MA
Web www.instagram.com/bostoncommunityfridge
Service Temporary

On the corner of Centre Street and Forbes Street in Jamaica Plain, a spray–painted refrigerator sits on the sidewalk. The words “free food” are written across the top freezer in white letters; underneath that in Spanish, “comida gratis.”

source: https://www.boston.com/food/local–news/2020/09/22/community–fridges–in–boston

Services offered: Distribution * (ANY/ALL Types); Facility: Community Fridge/Pantry [free food 24x7 no questions asked]; Food * (ANY/ALL Types)
Campaigns: Economic Solidarity and Cooperativism; Food Not Bombs; Social Activists/Organizers; Social Change Initiative
Updated Sep 26, 2020 · https://reliefdb.org/shelters/10376

Lucy Parsons Book Shop (some free stuff, worker–owned/run)

Walk–in Resource · Open

Boston/Jamaica Plain, MA
Web lucyparsons.org
Service Temporary

Books about new economic and governance models, anarchy, marxism, co–operatives, sustainable economics, no–currency models of solidarity–based communities.

Services offered: Advocacy, * (ANY/ALL Types); Advocacy, Social Justice; Advocacy, Social Justice, Fair Labor/Worker Rights; Advocacy, Voters Advocacy; Advocacy, Womens Rights; Books * (ANY/ALL Types); Business Internship Opportunities for Young Adults; Documentation, Capitalism (the ruthless sort), Issues with & Solutions to; Documentation, Standards, Health & Human Rights; Event Listings; Events, Community Meetings; Events, Potluck Meals; Events, Protest Actions; Information Resource, Alternative Schools/Education; Information Resource * (ANY/ALL Types); Information Resource, Booklets, Resource Materials for Volunteers; Information Resource, Constitutional Rights; Information Resource, Economics, Sustainable; Information Resource, Management Advice; Information Resource, Neighborhood Network; Information Resource, Online Networking, Twitter Page/Twitter Feeds; Information Resource, Sharing Networks/Timebanks; Meals, Vegan; Media, Print News Outlet (newspaper, magazine, etc); New "business" models, Economic; New "Business" Models, Education; New "business" models, Government; New "business" models, Sustainable Societies; Occupy Working Groups, Occupy the Economy; Services, Educational Services (See also Category for School); Social Enterprise (low–profit BUSINESS)
Campaigns: Co–Operative Businesses, Coops, Co–ops, Cooperatives; Economic Solidarity and Cooperativism; Food Not Bombs; Lucy Parsons Center; Occupy Wall Street / Occupy America / Occupy Together; Worker Owned Co–Operatives
Updated Dec 4, 2013 · https://reliefdb.org/shelters/9772

Food Not Bombs – Worcester (FREE FOOD and other SHARING)

Walk–in Resource · Open

Worcester, MA

Web www.facebook.com/pages/Worcester–Food–Not–Bombs
Service Temporary

Worcester
We cook every Saturday at noon and serve food at 2 behind City Hall.
Contact: 774–239–2670
Email us at: fnbworcester @ gmail.com

Services offered: Events, Social, Holiday Event * (ANY/ALL Types) ; Meals * (ANY/ALL Types) ; Meals, Pay–what–you–can; Meals, Vegan; Support for "All Local" Disasters
Campaigns: Alternative Societies; Economic Solidarity and Cooperativism; Ending Extreme Poverty; Environmental Sustainability; Food Not Bombs; Global Warming Relief Supplies/Services; Homelessness Relief Services; Social Activists/Organizers
Updated Dec 2, 2013 · https://reliefdb.org/shelters/9749

Nuestro Huerto (Community Urban Farm)

Walk–in Resource · Open

Worcester, MA

Web nuestrohuertoworcester.wordpress.com
Service Temporary

Services offered: Facilities: Farm ("available" = this site is a farm); Facilities: Farm, Urban (this site is a farm); Information Resource, Alternative Schools/Education; Information Resource * (ANY/ALL Types); Information Resource, Environmental Education , Recycling; Information Resource, Sharing Networks/Timebanks; New "business" models, Food Production/Distribution; New "business" models, Sustainable Societies; Plants * (ANY/ALL Types); Resource Website for "Green" (incl socially just) Products/Services; Resource Website for "Green" Living Suggestions
Campaigns: Alternative Societies; Economic Solidarity and Cooperativism; Food Not Bombs; New "Business" Models; Seed Bank / Seed Exchange / Seed Library / Seed Preservation; Social Activists/Organizers; Social Change Initiative; Worcester Roots
Updated Jan 21, 2020 · https://reliefdb.org/shelters/9948

SAGE Alliance, Worcester (Sustainable Economy Network)

Info/Hotline · Open

Worcester, MA

Web www.worcestersagealliance.org/?page_id=239
Service Temporary

Services offered: Assistance, for non–profits (In General); Demographic Served: Sustainable Communities; Events, Community Meetings; Events, Potluck Meals; Information Resource * (ANY/ALL Types); Information Resource, Management Advice; Services *0* (Choose this if You Provide or Need ANY Type of Social Services); Social Event *(any/all types) see also category "Events"; Social Event, Book/Study/Discussion Group; Social Event, Networking Group *any/all types
Campaigns: Alternative Societies; Co–Operative Businesses, Coops, Co–ops, Cooperatives; Economic Solidarity and Cooperativism; Ending Extreme Poverty; Ending Pollution; Environmental Sustainability; Food Not Bombs; Social Activists/Organizers; Social Change Initiative; Worcester Roots; Worker Owned Co–Operatives
Updated Dec 13, 2013 · https://reliefdb.org/shelters/9834

Stone Soup, Worcester (collective space, meetings, events, training)

Walk–in Resource · Open

Worcester, MA

Web www.stonesoupworcester.org/stone–soup–mission
Service Temporary

Services offered: Events, Community Meetings; Events, Potluck Meals; Events, Social, Holiday Event * (ANY/ALL Types) ; Facility: Community Center; Facility: Meeting space; Meals, Pay–what–you–can; Meals, Vegan; Youth, After–School, Afterschool Program; Youth, Leadership Development; Youth, Mentor Program; Youth Outreach; Youth Program
Campaigns: Arts Community / Artist Network; Co–Operative Businesses, Coops, Co–ops, Cooperatives; Economic Solidarity and Cooperativism; Ending Extreme Poverty; Environmental Sustainability; Food Not Bombs; Homelessness Relief Services; Social Activists/Organizers; Social Change Initiative; Worker Owned Co–Operatives
Updated Dec 13, 2013 · https://reliefdb.org/shelters/9835

Straight Up Cafe (youth–run, community space)

Open Business* · Open

Worcester, MA

Web www.straightup–worcester.com
Service Temporary

from the site:

Straight Up Cafe and Community Center is a non–profit social venture of Straight Ahead Ministries, Inc. All donations and proceeds benefit youth in our aftercare programs who are learning to take responsibility for their lives through business and service opportunities.

You'll find Straight Up Cafe and Community Center adjacent to The New You, an upscale resale store operated by our youth.

Services offered: Advocacy, Services, Youth Services; Advocacy, Social Justice; Events, Community Meetings; Facility: Meeting space; Information Resource, Alternative Schools/Education; New "business" models, Economic; New "Business" Models, Education; New "business" models, Government; New "business" models, Sustainable Societies; School, Adult Education/Adult School; Services, Employment, Internship Program; Services, Family, Children, Recreation, Kid's Cafe Program (Youth); Services, Youth Services, Crime Prevention Programs; Social Enterprise (low–profit BUSINESS); Training Classes, Business Skills; Training, Job Training; Youth, After–School, Afterschool Program; Youth, Leadership Development; Youth, Mentor Program; Youth Program
Campaigns: Co–Operative Businesses, Coops, Co–ops, Cooperatives; Economic Solidarity and Cooperativism; Food Not Bombs; Social Activists/Organizers; Social Change Initiative; Worker Owned Co–Operatives
Updated Dec 14, 2013 · https://reliefdb.org/shelters/9841

Food Not Bombs – Massachusetts Listings (FREE FOOD – SHARING)

Walk–in Resource · Open

MA

Web foodnotbombs.net/massachusetts.html
Service Temporary

Regular food sharing, usually vegan, usually w/music. Donations go to help feed people at rallies and social justice events, and to generally share food in general.

ALL KNOWN GROUPS IN MASSACHUSETTS

This page was updated November 12, 2013
There are 14 known groups in Massachusetts

Beverly
beverlyfoodnotbombs@gmail. com
www. beverlyfoodnotbombs.blogspot.com
meet every Friday infront of the 1st Baptist Church on Cabot Street to cook and Serve at 11am every Friday on the Beverly Commons.

Boston/Cambridge
fnbboston@gmail.com
fnboston@lists.riseup.net
fnbboston.org
Fridays 3:00 PM to 5:00 PM at Park Street Station, Boston.
Sundays 3:00 PM to 5:00 PM at Central Square Station, Cambridge.

Brookline
PrymordyalSoup@aol.com

Greenfield/Franklin County Food Not Bombs
foodnotbombsgreenfield@ gmail.com

Hyannis
rifullgirl58@comcast.net
Sharing meals on Main Street. Email for details.

Lawrence
We share free food every SUN in front of the YMCA
wearethelast77@hotmail.com

Lowell
EVERY Saturday from 12–3 in Kerouac Park on Bridge Street.

Metrowest
Based out of Ashland and Framingham
foodnotbombsmetrowest@ gmail.com

Northampton
foodnotbombspv@gmail.com

Fridays
Around 3:00 pm in Pulaski Park
(right near the Academy of Music Bus Stop)
Meals and groceries

Sundays
Around 3:00 pm in Pulaski Park
(right near the Academy of Music Bus Stop)
Meals and groceries

Southbridge
southbridgefoodnotbombs@ gmail.com
google.com/ site/southbridefoodnotbombs/

Worcester
We cook every Saturday at noon and serve food at 2 behind City Hall.
Contact: 774–239–2670
Email us at: fnbworcester@gmail.com
And visit our facebook site at: www.facebook.com/pages/Worcester–Food–Not–Bombs

Pioneer Valley
foodnotbombspv@gmail.com
Fridays
Around 3:00 pm in Pulaski Park
(right near the Academy of Music Bus Stop)
Meals and groceries

Sundays
Around 3:00 pm in Pulaski Park
(right near the Academy of Music Bus Stop)
Meals and groceries

Services offered: Advocacy, Environmental; Demographic Served: Artists/Artist Communities; Demographic Served: Homeless; Demographic Served: Hungry; Demographic Served: LGBT (Lesbian, Gay, Bisexual, Transgender); Demographic Served: Low Income Folks; Demographic Served: Seniors / Elderly; Demographic Served: Social Peers; Demographic Served: Sustainable Communities; Demographic Served: Teens; Demographic Served: Teens, Troubled; Demographic Served: Victims of Economic Injustice, Urban; Distribution * (ANY/ALL Types); Food * (ANY/ALL Types); Meals * (ANY/ALL Types) ; Meals, Vegan; New "business" models, Economic; New "business" models, Food Production/Distribution; New "business" models, Sustainable Societies; Recycling, Food; Support for "All Local" Disasters
Campaigns: 350.org; Alternative Societies; Bartering Network; Economic Solidarity and Cooperativism; Ending Extreme Poverty; Environmental Sustainability; Food Not Bombs; Global Warming Relief Supplies/Services; Green–Rainbow Party; Homelessness Relief Services; Occupy Wall Street / Occupy America / Occupy Together; Social Activists/Organizers; Social Change Initiative
Updated Dec 2, 2013 · https://reliefdb.org/shelters/9748

NY

Brooklyn, Community Fridges, Free Food

Walk–in Resource · Open

various see link or comment below, Brooklyn, New York, NY

Web inourheartsnyc.org/tag/fridge
Service Temporary

133 Van Buren St Bedstuy 11221
190 Knickerbocker Ave Bushwick 11237
1144 Bergen St Crown Heights 11216

Brooklyn Food Share is a community effort of grassroots organizations, nonprofits, restaurants, grocery stores, and individuals. By collecting and sharing food that may otherwise go to waste we are able to keep the refrigerators stocked and open to the community.

Services offered: Facility: Community Fridge/Pantry [free food 24x7 no questions asked]; Food * (ANY/ALL Types)
Campaigns: Economic Solidarity and Cooperativism; Ending Extreme Poverty; Food Not Bombs; Social Change Initiative
Updated Sep 26, 2020 · https://reliefdb.org/shelters/10375

WA

Chehalis River Mutual Aid Network

Volunteer Camp · Open

Aberdeen, WA

Web chehalisrivermutualaid.noblogs.org
Service Temporary

We salvage, cook, and distribute food along the stolen banks of the Chehalis River, to those in need and to those fighting for liberation from here to Seattle. We acknowledge we do this work on land stolen from the people of the Upper and Lower Chehalis tribes, and that we now fight a poverty and hunger brought to this land by colonization.

This project was born out of the Black Lives Matter rebellion in so–called Seattle. We started by helping the folks at the Feed The Movement table. We hit upon wraps as a good hand held and transportable method, made a few deliveries to CHAZ, and haven't looked back. We have been making regular deliveries ever since to various groups and projects in the region. We wanted to extend our solidarity and our food to our own area, as many here remain incredibly food insecure. So to that end we organized a local chapter of Food Not Bombs.

We work with local businesses and farms to gather unsalable food that would otherwise be thrown away. By these means and more we can remain unfunded by outside sources and use the Food Not Bombs model to be one collective among many. We will, through practice, uphold the values of autonomy, self–determination, mutual aid, direct action, and solidarity. Learn more about Food Not Bombs as we begin this project as bring the people in our region what they need – food, not bombs.

Services offered: Calendar, Community Events/Protest Actions; Community Outreach, Public Awareness, Humanitarian Issues; Distribution * (ANY/ALL Types); Events, Community Meetings; Events, Potluck Meals; Events, Protest Actions; Facility: Community Fridge/Pantry [free food 24x7 no questions asked]; Food, Distribution, Field Kitchen; Meals * (ANY/ALL Types) ; Meals, Congregate Feeding, Meals; Social Event *(any/all types) see also category "Events"; Social Event, Networking Group *any/all types
Campaigns: Economic Solidarity and Cooperativism; Food Not Bombs
Updated Jan 3, 2022 · https://reliefdb.org/shelters/10512

Worldwide

Food Not Bombs MAIN SITE (FREE FOOD around the world...recovery/ redistribution of food)

Info/Hotline · Open

Web foodnotbombs.net
Service Temporary

Services offered: Directories, Directory of Services, City/Town; Directories, Directory of Services, National; Directories, Directory of Services, Regional; Directories, Directory of Services, Statewide; Directories, Directory of Services, Worldwide; Documentation, Capitalism (the ruthless sort), Issues with & Solutions to; Events, Social, Holiday Event * (ANY/ALL Types) ; Food * (ANY/ALL Types); Meals * (ANY/ALL Types) ; Support for "All Local" Disasters
Campaigns: Ending Extreme Poverty; Environmental Sustainability; Food Not Bombs; Global Warming Relief Supplies/Services; Homelessness Relief Services
Updated Dec 2, 2013 · https://reliefdb.org/shelters/9750

Other locations

Indigenous Mutual Aid Network [groups to get/give help]

Info/Hotline · Open

Web www.indigenousmutualaid.org/directory
Service Temporary

from the link above [see live links for the text below at the link above]:

"Indigenous Mutual Aid is an information and support network with an anti–colonial and anti–capitalist framework. We exist to inspire and empower autonomous Indigenous relief organizing in response to COVID–19.

We seek to grow the organizing of this effort into a collective hub of
organizers from throughout what we recognize as Turtle Island.

Indigenous Mutual Aid is an information and support network with an anti–colonial and anti–capitalist framework. We exist to inspire and empower autonomous Indigenous relief organizing in response to COVID–19.

We seek to grow the organizing of this effort into a collective hub of
organizers from throughout what we recognize as Turtle Island.
Please connect to our Slack channel (send an email to request an invite: indigenousmutualaid@protonmail.com) to connect, share, & build.

As our communities have a deep history with organizing to support each other in times of crisis, we already have many existing Mutual Aid models to draw from. This looks like a small crew coordinating their relatives or friends to chop wood and distribute to elders. It looks like traditional medicine herbal clinics or sexual health supply distribution. It looks like community water hauling efforts or large scale supply runs to ensure elders have enough to make it through harsh winters. Basically any time individuals and groups in our communities have taken direct action (not through politicians or indirect means) and supported others, not for their own self–interests but out of love for their people, this is what we call "mutual aid."
Our concept of mutual aid does not exclude our non–human relatives or the land. For more info on what Mutual Aid is (and isn't) please see "Let's Talk Mutual Aid" by Regan De Loggans. Check out our piece here and these too:

A Mutual Aid Explainer Video
Submedia's: What Is Mutual Aid?
Big Door Brigade: What is Mutual Aid

Check out our guide on How to Start an Indigenous Mutual Aid relief project.

This project is currently maintained by volunteers with Indigenous Action, Táala Hooghan Infoshop, and Kinłani Mutual Aid based out of the Southwestern region of the so–called "United States.""

Services offered: Support for "All" Disasters; Support for "All Local" Disasters
Campaigns: 2020/2021 Pandemic, Coronavirus/COVID–19; Alternative Societies; Anti–Colonialism / Anti–Racism / Decolonializers; Arts Community / Artist Network; Bartering Network; Black Lives Matter; Co–Operative Businesses, Coops, Co–ops, Cooperatives; Economic Solidarity and Cooperativism; Ending Colonialism; Ending Extreme Poverty; Ending Pollution; Ending Racism / Colonialism / Systemic Oppression; Environmental Sustainability; First Nations / Native Americans; Food Not Bombs; Green–Rainbow Party; Indigenous Mutual Aid; International Community, Middle Eastern, Palestinian; Lucy Parsons Center; Occupy Wall Street / Occupy America / Occupy Together; Quakers; Rainbow Community; Seed Bank / Seed Exchange / Seed Library / Seed Preservation; Social Activists/Organizers; Social Change Initiative; Tribal Communities; Worcester Roots; Worker Owned Co–Operatives
Updated Nov 29, 2020 · https://reliefdb.org/shelters/10391